**Men’s Emotional Wellbeing Grant Fund**

**Application Form Guidance**

**Please read before starting to complete your application**

**We will accept applications until: 12pm on Monday February 10th, 2025.**

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| **In-person application support event on:** Tuesday 14th January 2025, 9:30am to 12:30pmRoom G46, Town Hall, Pinstone Street, Sheffield City Centre, Sheffield S1 2HH, 9:30am and 12:30pm.**Online event 1, Microsoft Teams on:** Wednesday 15th January 2025, 4:30pm to 6pm[Join the meeting now](https://teams.microsoft.com/l/meetup-join/19%3Ameeting_MDUyOTZlMTEtMTdjNS00MTY1LTlhYjEtNmVlZjcyMTQ2NjI0%40thread.v2/0?context=%7b%22Tid%22%3a%22a1ba59b9-7204-48d8-a360-7770245ad4a9%22%2c%22Oid%22%3a%228b4f5d4f-15ae-4809-ba25-b8e20c0b8162%22%7d)**Online event 2, Microsoft Teams on:** Thursday 16th January 2025, 10am to 12pm [Join the meeting now](https://teams.microsoft.com/l/meetup-join/19%3Ameeting_YjM1YjlhNjYtNzdlZi00MjE1LWFmNzgtYzU4MTdjNjBiMzNk%40thread.v2/0?context=%7b%22Tid%22%3a%22a1ba59b9-7204-48d8-a360-7770245ad4a9%22%2c%22Oid%22%3a%228b4f5d4f-15ae-4809-ba25-b8e20c0b8162%22%7d)Please contact the Grants Team, using our contact information below, before the date, to receive a link to join.**At these events you can:*** Receive support to complete your application from the Grants Team
* Bring supporting media information such as photographs, flyers, reports or anything else that tells us about your activity
* Ask questions about how to apply and what will and won’t be funded

If you would like to come to an event, please let us know using the contact information below. If you are not able to join either of these events but would still like some support, please still get in touch. **Email:** **grants@sheffield.gov.uk****Telephone: (0114) 273 4631** |

**Why Men’s Emotional Wellbeing?**

Nationally 3 in 4 suicides are men. We know that there is substantial societal pressure to ‘man up’ and stigma around men showing weakness, with 75% experiencing symptoms of anxiety, depression and stress. Men are less likely to speak up in a medical setting and so are unable to get the diagnosis and treatment they need, which can lead to self-medication through substance misuse. Men are also less likely to attend community activities, furthering their social isolation

The Men’s Emotional Wellbeing Grant Fund will support partnerships and community groups to engage men in their community. We want it to support good emotional wellbeing, for example: awareness raising, reducing stigma and delivering activities with suicide prevention messages, using applicants’ local knowledge and networks to better reach people within their local community.

This is short-term funding to ‘keep good things going’. This grant fund aims to stabilise support and develop existing successful activities, which provide opportunities for men to engage in a meaningful activity that can reduce their social isolation and help them form social connections.

In line with the principles from Sheffield All Age Mental and Emotional Health and Wellbeing Strategy, we are keen for the activities and ideas funded to see people as a whole person, not a diagnosis, providing earlier help to people who need it.

***“Good mental and emotional health and wellbeing, for all, at every stage of life”***

**Fund Priorities, what can the money be used for?**

We don’t have a fixed idea of what a men’s emotional wellbeing activity is. There isn’t a ‘*one-size-fits-all’* approach when it comes to appealing to and supporting men.

That being said, we are looking for activities and delivery which:

* promote awareness of suicide and reduce the stigma associated with suicide
* improve men’s emotional wellbeing and provide access to additional support and services
* enable attendees to make meaningful relationships, connections with others and feel more connected to their community and society, reducing loneliness and isolation
* foster a sense of achievement and progress for attendees

**How much is available?**

We have a maximum of £100,000 to allocate and there are two tiers of award:

* **Tier 1 -** 8 to 10 grants of £500 to £1500
* **Tier 2 -** 4 to 5 grants of £10,000 to £20,000

**Two-tiered approach**

Grant evidence and monitoring requirements will be different and proportional to the level of grant award made and the activity or idea delivered.

Organisations receiving a grant award will have 12 months to spend the grant from the date of award.

You **cannot** apply to both tiers.

**Tier 1**

On the application form you must ensure you complete Section B and **NOT** Section C for Tier 1.

To support and develop existing activity and/or raise awareness and reduce stigma around men’s mental health and wellbeing in communities across Sheffield.

Here are some examples of how the grant *might* be used, they are not suggestions or exhaustive:

* + Purchasing equipment *(e.g. table tennis table)*
	+ Funding training and development for staff and volunteers
	+ Adding capacity to existing activities
	+ Raising awareness *(e.g. adding to a workshop, course, community event)*

**Tier 2**

On the application form you must ensure you complete Section C and **NOT** section B for Tier 2.

To support organisations to continue to develop and deliver existing activities for

men’s emotional wellbeing in communities across Sheffield.

**Who can apply?**

We will accept applications from:

* Constituted Community Groups
* Registered Charities
* Charitable Incorporated Organisations
* Community Interest Companies
* Not for profit companies without share capital
* Community Benefit Societies

**We expect you to be up to date with your regulatory filing and will be checking this for all applicants (Charity Commission, Companies House or equivalent). Your application could be declined for poor governance.**

We also expect applicants to have:

* A bank account in the name of the organisation applying with a minimum of two unrelated signatories
* At least two board or committee members who are not related
* Two directors who are not related, if it is a company
* Have up to date policies in adult safeguarding, UK GDPR, Volunteering (if using volunteers), and staffing.

Applicants that do not meet the above criteria will be considered ineligible for a grant.

**What is excluded?**

We want to be flexible however, there are some items and costs that will not be funded:

* Alcohol
* Retrospective costs
* Loans, endowments or interest
* Contributions to general appeals
* Large scale building work
* Statutory activities
* Activities that make profits for private gain
* Cash given directly to individuals
* Debts and other liabilities
* Activities or work that are based regularly outside of Sheffield geographic area (but you could include trips)

**If you are applying for a single item of equipment that will cost over £1,000, or small-scale refurbishment, repairs or improvements of assets such as vehicles please contact us for a discussion before applying (it is not a straight no, but we would like to discuss before you apply).**

**Is there anything else to know?**

In your application you should look to clearly articulate and describe the impact of the activity you are delivering.

How we will make decisions:

* 1. Supporting and underpinning current men’s activities (i.e. not new provision but could be additional capacity)
	2. Communities where organisations are supporting members of the global majority and/or where unfair gaps in health outcomes and access to support persist
	3. There is little to no other infrastructure, e.g. more semi-rural locations
	4. The organisation is not getting any other significant funding

We are looking for applications from organisations and groups with a positive track record of delivering emotional wellbeing ideas/activities.

We will be considering the spread of the grant fund across the city, prioritising areas of deprivation whilst taking into consideration local fit and the communities being reached.

**Grant Reporting**

We will discuss reporting and outline expectations with successful applicants, as this will depend on what has been funded but we will provide a template. We will want to stay in touch throughout the grant and will visit all funded activities and ideas. We will want to learn about the different organisations and approaches being taken so we can evaluate those which work best.

**Getting in touch**

We want to speak to and meet applicants before they apply, so that application ideas can be tested with us and to make the best use of everyone’s time.

To let us know that you are coming to one of the application events on Tuesday 14th January 2025 (Town Hall) or either of our online events on Wednesday 15th or Thursday 16th January 2025, please use the contact information below.

If you are reading this after the application event, we would still like to hear from you using the following contact information:

**Email:** grants@sheffield.gov.uk

**Telephone: (0114) 273 4631**